

This information has been provided to help you understand how the National Squads will operate for the season. If you have any queries, please contact your age group High Performance Coach.

The Coaches Panel, made up of the Performance Director and the three High Performance Coaches, will be responsible for the following:

- Exception Reporting
- Seeding all Squash Wales sanctioned tournaments.
- Selecting players to be invited to attend National Squads.
- Welsh team selection for National representation.

Each High-Performance Coach will have responsibility for one of the age groups:

- Under 11/13 boys and girls – Greg Tippings gregtippings@gmail.com
- Under 15 boys and girls – Nick Birt - nic_birt@yahoo.co.uk
- Under 17/19 boys and girls - Andrew Evans - starssquash@googlemail.com
- Senior men and women – David Evans – david.evans@squash.wales

1. National Squads are the key priority in the Squash Wales Calendar and must be treated as such.

2. Completing training diaries is mandatory for all National Squad players. The diaries should be forwarded to your High-Performance Coach at the end of every month.

3. If you are selected for National Honours please be aware of the following:

- Reserves will be nominated for each team and may not receive a full cap when away with the team. [**Reserve matches are usually only played in the Under 13/15 Five Nations Championships and are not part of the Under 15/17/19 Europeans.**]
- All players must travel and stay with the team for the duration of the event.
- Parents are welcome to attend but will be expected to stay at a different hotel to that of the players and team management.

4. Performance and attitude forms an important part of all selection decisions in all Squash Wales funded Programmes. Continued attendance at future National Squads will be based on an acceptable performance and attitude at the previous squad. Poor behaviour will be dealt with in the following manner:

- The High-Performance Coach will speak to any player who displays a poor attitude at a Squad. Any player whose behaviour/attitude does not improve will be removed from the session and the High-Performance Coach will speak to the parents.
- If a player's behaviour and attitude still does not improve, they will be removed at that instance from the National Squad and will not be considered for selection.

5. To be considered for selection for National Honours, you are expected to play in the relevant Squash Wales tournaments. If a player wishes to play in a higher age group, they must accept that this may result in them not being considered for selection.

6. If you require information about your selection position at any time in the season, please discuss this with the relevant High-Performance Coach at the National Squad. The High-Performance Coach is also a selector and will be able to give an indication of the player's current standing, but this will not, and does not, guarantee that any player will be selected.

7. Players will not be selected for representation if they have any outstanding Squash Wales invoices, unless a payment agreement has been made with the Squash Wales Office and the terms of the agreement are complied with.

8. As a general guideline squads will commence promptly, and the time and venue will be communicated, and all players will be expected to be present and ready to warm up at least 15 minutes before the start of the session:

Timings may be subject to change according to the availability of courts, but the actual start and finish times of all squads will be notified in the e mail or invitation letter.

9. Fitness testing will be carried out and is an integral part of the National squads.

10. Overnight accommodation may be provided to attend a National Squad. Staying at the Sport Wales National Centre and Plas Menai will receive breakfast as part of the accommodation package.

All players and parents must make their own arrangements for all other food and drink.

Parents and players are responsible for travelling to and from all squads.

11. Invitations will be sent out separately for all Squads, but players should make provisional arrangements to attend future Squads by taking note of the dates.

12. Invitations to National Squads are conditional on players submitting an individual membership form and signing and returning their Code of Conduct & Commitment.