

Squash Wales Club Coaching Course Level 2

(in conjunction with England Squash)

Cost £300 for a 3-day course

A three-day contact time qualification during which candidates will learn the skills required to deliver the technical and tactical requirements of squash to juniors and adults at beginner and intermediate level, through the delivery of individual and group lessons.

Candidates will learn how to analyse players needs, plans for a series of lessons and to operate as a Club Coach

Who it's for: Level 1 coaches wishing to take their tactical and technical coaching to the next level

What you'll learn

There are approximately six weeks in between days two and three of the qualification - during which you will be required to conduct player analysis, plan, deliver and evaluate six lessons (two individual and four group lessons). You will also need to complete several coaching scenario-based questions.

Your course tutor will provide ongoing support throughout the duration of the Award.

At the end of the course, you should be able to:

- Plan and deliver a programme of progressive individual and group training sessions in accordance with Squash Wales coaching philosophy.
- Implement 'how to coach' skills to create an inclusive, player centred and positive learning environment.
- Deliver the player pathway from entry to club level, ensuring players maximise their desired potential.
- Possess an open mind set, taking responsibility for own personal development.
- To develop effective squash communities

Pre-course requirements

- You must be at least 17 years of age
- Be technically competent (being able to demonstrate all shots) and have a reasonable knowledge and understanding of the game.
- Have completed an appropriate Squash Wales Level 1 Coaching Qualification or equivalent
- Attend a three-hour certificated First Aid Course. (free)
- Be a current Squash Wales coach member.

Cost & funding support

- The course costs £300.
- You will need to have an up-to-date Disclosure & Barring Service (DBS) Enhanced Disclosure free through Squash Wales and valid for 3 years
- You must attend a safeguarding course - either face to face or online through Squash Wales and valid for 3 years
- You will also need to hold an up to date First Aid qualification -free from Squash Wales

There may be some financial assistance available in your area - check out our funding opportunities with our development officers in your area.

Squash Wales can help and support clubs.

Contact your regional development officers for more

information:

Sarah Clode - **South East**: - sarah.clode@squash.wales 07827876600

Andrew Evans—**North Wales**: - starssquash@gmail.com 07796177197

Steph Roberts - **Eryri**:- steffsquash@hotmail.co.uk 07922844876

Jayne Kirk –**Powys** :- jayne.kirk@btconnect.com 07817487537

Peter Crook -**West Wales**:- petercrook23@hotmail.com

For information on any Coaching Courses, DBS and forthcoming First Aid/ Safeguarding Courses contact:

Roy Gingell

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