

# WAYS TO PLAY

## HOW TO PLAY SAFELY AND WITH WHO

There should be no more than two players on court at one time.



### Individuals

- Single player (solo) practices
- Coach led / supervised activity



### Members of the same household & Extended household

- Match play / full squash game
- Coach led / supervised activity



### Two members from different households

- Modified version of squash -
- Socially distanced practices
- Coach led / supervised activity